Ethan Frome drove in silence, the reins loosely held in his left hand, his brown seamed profile, under the helmet-like peak of the cap, relieved against the banks of snow like the bronze image of a hero. He never turned his face to mine, or answered, except in monosyllables, the questions I put, or such slight pleasantries as I ventured. He seemed a part of the mute melancholy landscape, an incarnation of its frozen woe, with all that was warm and sentient in him fast bound below the surface; but there was nothing unfriendly in his silence. I simply felt that he lived in a depth of moral isolation too remote for casual access, and I had the sense that his loneliness was not merely the result of his personal plight, tragic as I guessed that to be, but had in it, as Harmon Gow had hinted, the profound accumulated cold of many Starkfield winters. (Prologue)
They turned in at the gate and passed under the shaded knoll where, enclosed in a low fence, the Frome grave-stones slanted at crazy angles through the snow. Ethan looked at them curiously. For years that quiet company had mocked his restlessness, his desire for change and freedom. "We never got away-how should you?" seemed to be written on every headstone; and whenever he went in or out of his gate he thought with a shiver: "I shall just go on living here till I join them." But now all desire for change had vanished, and the sight of the little enclosure gave him a warm sense of continuance and stability. "I guess we'll never let you go, Matt," he whispered, as though even the dead, lovers once, must conspire with him to keep her; and brushing by the graves, he thought: "We'll always go on living here together, and some day she'll lie there beside me."

He let the vision possess him as they climbed the hill to the house. He was never so happy with her as when he abandoned himself to these dreams. Half-way up the slope Mattie stumbled against some unseen obstruction and clutched his sleeve to steady herself. The wave of warmth that went through him was like the prolongation of his vision. For the first time he stole his arm about her, and she did not resist. They walked on as if they were floating on a summer stream. (Ch. 2)
Confused motions of rebellion stormed in him. He was too young, too strong, too full of the sap of living, to submit so easily to the destruction of his hopes. Must he wear out all his years at the side of a bitter querulous woman? Other possibilities had been in him, possibilities sacrificed, one by one, to Zeena's narrow-mindedness and ignorance. And what good had come of it? She was a hundred times bitterer and more discontented than when he had married her: the one pleasure left her was to inflict pain on him. All the healthy instincts of self-defence rose up in him against such waste...

He bundled himself into his old coon-skin coat and lay down on the box-sofa to think. Under his cheek he felt a hard object with strange protuberances. It was a cushion which Zeena had made for him when they were engaged- the only piece of needlework he had ever seen her do. He flung it across the floor and propped his head against the wall...

He knew a case of a man over the mountain- a young fellow of about his own age- who had escaped from just such a life of misery by going West with the girl he cared for. His wife had divorced him, and he had married the girl and prospered. Ethan had seen the couple the summer before at Shadd's Falls, where they had come to visit relatives. They had a little girl with fair curls, who wore a gold locket and was dressed like a princess. The deserted wife had not done badly either. Her husband had given her the farm and she had managed to sell it, and with that and the alimony she had started a lunch-room at Bettsbridge and bloomed into activity and importance. Ethan was fired by the thought. Why should he not leave with Mattie the next day, instead of letting her go alone? He would hide his valise under the seat of the sleigh, and Zeena would suspect nothing till she went upstairs for her afternoon nap and found a letter on the bed... (Ch. 8)
[Mrs. Hale]: "Yes: it's pretty bad. And they ain't any of ’em easy people either. Mattie was, before the accident; I never knew a sweeter nature. But she's suffered too much- that's what I always say when folks tell me how she's soured. And Zeena, she was always cranky. Not but what she bears with Mattie wonderful- I've seen that myself. But sometimes the two of them get going at each other, and then Ethan's face'd break your heart... When I see that, I think it's him that suffers most... anyhow it ain't Zeena, because she ain't got the time... It's a pity, though," Mrs. Hale ended, sighing, "that they're all shut up there'n that one kitchen. In the summertime, on pleasant days, they move Mattie into the parlour, or out in the door-yard, and that makes it easier... but winters there's the fires to be thought of; and there ain't a dime to spare up at the Fromes.'"

Mrs. Hale drew a deep breath, as though her memory were eased of its long burden, and she had no more to say; but suddenly an impulse of complete avowal seized her.

She took off her spectacles again, leaned toward me across the bead-work table-cover, and went on with lowered voice: "There was one day, about a week after the accident, when they all thought Mattie couldn't live. Well, I say it's a pity she did. I said it right out to our minister once, and he was shocked at me. Only he wasn't with me that morning when she first came to... And I say, if she'd ha' died, Ethan might ha' lived; and the way they are now, I don't see's there's much difference between the Fromes up at the farm and the Fromes down in the graveyard; 'cept that down there they're all quiet, and the women have got to hold their tongues." (Epilogue)